



*Verse 2*

A stem is an elevator growing up from the ground.  
The water goes up and the sugar back down.  
And there's a stem inside of me  
Because celery is a stem that I eat.

*Chorus II*

*Verse 3*

The leaves are the kitchens where the food is done.  
They breathe the air and catch rays from the sun.  
And there's a leaf inside of me  
Because lettuce is a leaf that I eat.

*Chorus II*

*Chorus I (2 times)*

*Chorus II*

*Verse 4*

The flowers are dressed so colorfully  
They hold the pollen and attract the bees.  
And there's a flower inside me  
Because cauliflower is a flower that I eat.

*Chorus II*

*Verse 5*

The fruit gets ripe, then it falls down  
It holds seeds and feeds the ground.  
And there's a fruit inside of me  
Because an apple is a fruit that I eat.

*Chorus II*

*Verse 6*

The seeds get buried in the earth  
And the cycle starts again with a new plant's birth  
And there're seeds inside of me  
Because the sunflower is a seed that I eat.

*Chorus II*

*Verse 7*

Now you know what this whole world needs.  
It's roots, stems, leaves, flowers, fruits, and seeds.  
There are six plant parts inside of me  
Because a garden salad is what I eat.

*Chorus II*

*Chorus I (2 times)*

*Chorus II*